

Health & Wellness Team Notes – November 16, 2010

Team Goal: Carroll County is the leading county in NH in supporting its citizens in pursuing and achieving balanced health.

Attendance: Jen Collard, Christine Strong, Cyndi Paulin (Sheryl Power, Ted Laliberte, Maryellen Boudman & Bert Astles had time conflicts)

Next Meetings: December 14, January 11, 3:30 – 5:00 pm (Tri-County CAP Resource Center)

- The meeting was primarily used to draft the video outline and script. Feedback from other team members via email will be requested.
- It looks like the team will start with a video for Route 1 and then work on Route 2 & 3 based on available health provider information.
- No response from providers from the article submitted to the newspapers regarding the video project. (We have a copy of the article from Conway Daily Sun – did anyone see if it ran in the Granite State News or Carroll County Independent?)
- The goal is to work on the draft script over the next two weeks and finish it up by the December meeting.
- There has been outreach to Theresa Sires at Kennett and we are hoping a student might help with the video.
- Members should continue their outreach to loop back to participating providers to get photos and reach out to additional providers on Routes 2 & 3.

Outline for Script – 20 minutes or less! **See attached draft!

1. .5 min - Intro – purpose of video
2. 5.5 min - Transit
 - a. Cost
 - b. Accessible
 - c. Time/schedule
 - d. Phone/contact – where get info
 - e. How stop or be picked up from an unscheduled stop?
 - f. Demand response
3. 12 min – Variety of Services
 - a. Residents can access any health care service along the transit route including the following . . . [brief statement up to 50 seconds including name, location, services, affordability (sliding fee, payment plan, public insurance, etc.), contact]
4. 1.75 min – NH Health Access
 - a. Discounted or free health care based on your income
 - b. Apply at local hospital. If eligible receive a card that allows you access at 12 health care providers in Carroll County or more than 200 across the state. More information (web, phone, your local hospital)

Announcement: Carroll County Transit kick off December 7th at 10:00 am

You are invited to the Carroll County Transit kick off for the “Blue Loon” Dial-a-ride service on Tuesday, December 7th from 10am to noon at Tri-County CAP Resource Center in Tamworth. Meet the director and advisory council, learn more about the system and enjoy refreshments. You can even ride the bus!