

## Health & Wellness Team Notes – October 12, 2010

**Team Goal: Carroll County is the leading county in NH in supporting its citizens in pursuing and achieving balanced health.**

**Attendance:** Sheryl Power, Jen Collard, Maryellen Boudman, Cimbria Badenhausen, Cyndi Paulin

The October meeting focused on the next steps for the health video tour project. The goal of the project is to improve access to health providers through increasing awareness of new transit system, providers themselves and financial resources.

Participants:

- The team decided to put information in the local papers and on the community access channels and radio announcing the project and inviting any other providers along the transit routes to participate. The group was concerned that they might have missed someone and didn't want to inadvertently not include someone who might be interested.
- Continue to proactively reach out to known providers along the three transit routes, particularly the two southern routes (have had good outreach to the north and plenty of participants identified.)
- Reach out to Veteran's Clinic, Ossipee Medical Center, OCC, Huggins, clinicians near Clarks in Wolfeboro and Northern Human Services regarding their Wolfeboro and Moultonborough sites.

Next Steps:

- Group will work on getting photos from providers over the next couple of weeks – photo of outside and/or photo of staff. These still photos will be woven into the video
- Group will reach out to schools as well to include students in the project if there is any interest.
- Follow up with providers who indicated that they would like be part of the bus tour, let them know that it will be a video format and find out how they would like be included (send us their own photos, need photos taken, etc.).

Format of video:

- Introduction about how the bus system works through footage that shows the bus, how the lift works, etc.
  - How to request stops along route
  - How demand response works
  - Costs
- Information about health providers that can be accessed directly on the route. (Combination of stills, voice and video that will get information out clearly and succinctly).

- Include information about NH Health Access Program – how to apply, how it works (Sheryl will get more information for the group about how it works including particulars from Huggins – basic links below).
- Group decided video will be 30 minutes max and with a goal of being shorter.

Resources:

- Valley Vision will tape and put together piece for Conway area focus. They are willing to share video with other community access channels.
- Wolfeboro Community Access willing to work with group as well.
- NH Health Access Brochure -  
<http://www.healthynh.com/fhc/initiatives/access/nhhandownloads/2009%20NHHAN%20-%20English.pdf>
- NH Health Access Provider participants -  
<http://www.healthynh.com/fhc/initiatives/access/NHHAN.php#Sites>

**Other info/announcements:**

***NH Healthy Eating, Active Living (HEAL) Annual Conference*** 2010: Forging Powerful Partnerships for Healthy Communities, Tuesday, **October 26**, 2010 from 8:30 AM - 3:45 PM - A conference for all sectors of the community to learn powerful strategies for advancing healthy eating and active living environments in New Hampshire.

**Next Meetings:** Tuesdays, November 16, December 14, 3:30 – 5:00 pm (Tri-County CAP Resource Center)